

NAME: _____

ID#: _____

DATE: _____

THIS CHECKLIST IS AN UNOFFICIAL TOOL FOR PLANNING.
Matriculated students and advisors should consult the Academic Requirements Report in GullNet before and after registering for classes each semester to track academic progress.

UNIVERSITY POLICIES

- Refer to the SU catalog for approved prerequisites and General Education courses.
- Requirements may not equal 120 credit hours. Students must register for additional electives to complete 120 credits required for graduation.
- All graduates must have a minimum of 30 credits of 300-/400-level courses with C grade or above; at least 15 of those credits must be taken at SU.
- Students must have a minimum cumulative GPA of 2.0 for graduation.
- Students must complete at least 30 credit hours by direct classroom instruction and/or laboratory experience.
- Students must take 30 of the last 37 credit hours at SU.
- It is the student's responsibility to satisfy graduation requirements. Please refer to the SU catalog for detailed major requirements.
- Students must apply online for graduation by November 15 for May and by May 15 for December.

GENERAL EDUCATION REQUIREMENTS

Course No. & Title	#Credits	Grade	Term Completed
Group I: English Composition and Literature (2 courses)			
A. C or better in ENGL 103 or HONR 111	4	_____	_____
B. Literature course (from either ENGL or MDFL Depts.)	4	_____	_____
Group II: History (2 courses)			
A. HIST101, 102, or 103	4	_____	_____
B. HIST101, 102, 103 or a HIST course above 103	4	_____	_____
Group III: Humanities and Social Sciences (3 courses)			
A. Select one course from one of the following seven areas: ART, CMAT, DANC or THEA, MDFL, MUSC, PHIL, HONR 211			
_____	4	_____	_____
B. Select one course from one of the following eight areas: ANTH, CADR, ECON or FINA, ENVR, Human GEOG, POSC, PSYC, SOCI, HONR 112			
_____	3/4	_____	_____
C. Select one course from either Group IIIA or IIIB (course must be from a different area than previously selected)			
_____	3/4	_____	_____
Group IV: Natural Science, Math and Computer Science (4 courses)			
A. Select courses with laboratories from at least two of the following four areas: BIOL, CHEM, GEOL or Physical GEOG, PHYS			
_____	_____	_____	_____
FULFILLED BY MAJOR			
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B. Select one additional course (need not be a lab) from Group IVA or ENVH or ENVR or COSC or MATH or HONR 212			
_____	_____	_____	_____
FULFILLED BY MAJOR			
C. Select one course from MATH			
_____	3/4	_____	_____
Group V: Health Fitness (1 course)			
FTWL106 - Lifelong Fitness and Wellness	_____	_____	_____
FULFILLED BY MAJOR			

MAJOR REQUIREMENTS

- Complete EXSC333 and 344 and 90 credit hours, or receive department approval, to enroll in EXSC479 and 480.
- Complete a minimum of 30 hours of 300-/400-level courses, each with a grade of C or better.
- Receive a C or better in ALL required EXSC major courses.

Course No. & Title	#Credits	Grade	Term Completed
GENERAL EDUCATION REQUIREMENTS (7 hours)			
Complete the following with a C or better:			
CHEMXXX - Chemistry laboratory course	4	} _____	_____
or PHYSXXX - Physics laboratory course	4		_____
FTWL106 - Lifelong Fitness and Wellness	3	_____	_____

REQUIRED CORE COURSES (48 hours)

Course No. & Title	#Credits	Grade	Term Completed
Complete the following with a C or better:			
BIOL215 - Human Anatomy and Physiology I	4	_____	_____
BIOL216 - Human Anatomy and Physiology II	4	_____	_____
EXSC213 - Injury Prevention and Emergency Management	4	_____	_____
EXSC240 - Fitness Testing	4	_____	_____
EXSC250 - Strength Training Techniques and Program Design	4	_____	_____
EXSC295 - Fitness Instruction	4	_____	_____
EXSC300* - Health and Fitness Programs and Professions	4	_____	_____
EXSC333* - Kinesiology	4	_____	_____
EXSC344* - Exercise Physiology	4	_____	_____
EXSC462* - Exercise and Special Populations	4	_____	_____
EXSC472* - Stress Testing and Exercise Prescription	4	_____	_____
HLTH317* - Nutrition, Health and Human Performance	4	_____	_____

* To enroll in 300-/400-level major courses, students must complete a minimum of 12 credits of major courses and have a 2.0 GPA.

PROFESSIONAL SEMESTER (12 hours)

Course No. & Title	#Credits	Grade	Term Completed
Complete the following with a C or better:			
EXSC479 - Internship in Exercise Science	10	_____	_____
EXSC480 - Exercise Science Seminar	2	_____	_____