

NAME: \_\_\_\_\_

ID#: \_\_\_\_\_

DATE: \_\_\_\_\_

**THIS CHECKLIST IS AN UNOFFICIAL TOOL FOR PLANNING.**  
Matriculated students and advisors should consult the Academic Requirements Report in GullNet before and after registering for classes each semester to track academic progress.

**UNIVERSITY POLICIES**

- Refer to the SU catalog for approved prerequisites and General Education courses.
- Requirements may not equal 120 credit hours. Students must register for additional electives to complete 120 credits required for graduation.
- All graduates must have a minimum of 30 credits of 300-/400-level courses with C grade or above; at least 15 of those credits must be taken at SU.
- Students must have a minimum cumulative GPA of 2.0 for graduation.
- Students must complete at least 30 credit hours by direct classroom instruction and/or laboratory experience.
- Students must take 30 of the last 37 credit hours at SU.
- It is the student's responsibility to satisfy graduation requirements. Please refer to the SU catalog for detailed major requirements.
- Students must apply online for graduation by November 15 for May and by May 15 for December.

**GENERAL EDUCATION REQUIREMENTS**

Course No. & Title	#Credits	Grade	Term Completed
<b>Group I: English Composition and Literature (2 courses)</b>			
A. C or better in ENGL 103 or HONR 111	4	_____	_____
B. Literature course (from either ENGL or MDFL Depts.)	4	_____	_____
<b>Group II: History (2 courses)</b>			
A. HIST101, 102, or 103	4	_____	_____
B. HIST101, 102, 103 or a HIST course above 103	4	_____	_____
<b>Group III: Humanities and Social Sciences (3 courses)</b>			
A. Select one course from one of the following seven areas: ART, CMAT, DANC or THEA, MDFL, MUSC, PHIL, HONR 211			
	4	_____	_____
B. Select one course from one of the following eight areas: ANTH, CADR, ECON or FINA, ENVR, Human GEOG, POSC, PSYC, SOCI, HONR 112			
	3/4	_____	_____
C. Select one course from either Group IIIA or IIIB (course must be from a different area than previously selected)			
	3/4	_____	_____
<b>Group IV: Natural Science, Math and Computer Science (4 courses)</b>			
A. Select courses with laboratories from at least two of the following four areas: BIOL, CHEM, GEOL or Physical GEOG, PHYS			
		FULFILLED BY MAJOR	
		FULFILLED BY MAJOR	
B. Select one additional course (need not be a lab) from Group IVA or ENVH or ENVR or COSC or MATH or HONR 212			
		FULFILLED BY MAJOR	
C. Select one course from MATH			
	3/4	_____	_____
<b>Group V: Health Fitness (1 course)</b>			
FTWL106 - Lifelong Fitness and Wellness		FULFILLED BY MAJOR	

**MAJOR REQUIREMENTS**

- Complete EXSC333 and 344 and 90 credit hours, or receive department approval, to enroll in EXSC479 and 480.
- Complete a minimum of 30 hours of 300-/400-level courses, each with a grade of C or better.
- Receive a C or better in ALL required EXSC major courses.

Course No. & Title	#Credits	Grade	Term Completed
<b>GENERAL EDUCATION REQUIREMENTS (7 hours)</b>			
<b>Complete the following with a C or better:</b>			
CHEMXXX - Chemistry laboratory course	4	} _____	_____
or PHYSXXX - Physics laboratory course	4		
FTWL106 - Lifelong Fitness and Wellness	3	_____	_____

**REQUIRED CORE COURSES (48 hours)**

Course No. & Title	#Credits	Grade	Term Completed
<b>Complete the following with a C or better:</b>			
BIOL215 - Human Anatomy and Physiology I	4	_____	_____
BIOL216 - Human Anatomy and Physiology II	4	_____	_____
EXSC213 - Injury Prevention and Emergency Management	4	_____	_____
EXSC240 - Fitness Testing	4	_____	_____
EXSC250 - Strength Training Techniques and Program Design	4	_____	_____
EXSC295 - Fitness Instruction	4	_____	_____
EXSC300* - Health and Fitness Programs and Professions	4	_____	_____
EXSC317* - Nutrition, Health and Human Performance	4	_____	_____
EXSC333* - Kinesiology	4	_____	_____
EXSC344* - Exercise Physiology	4	_____	_____
EXSC462* - Clinical Exercise Physiology	4	_____	_____
EXSC472* - Stress Testing and Exercise Prescription	4	_____	_____

\* To enroll in 300-/400-level major courses, students must complete a minimum of 12 credits of major courses and have a 2.0 GPA.

**PROFESSIONAL SEMESTER (12 hours)**

Course No. & Title	#Credits	Grade	Term Completed
<b>Complete the following with a C or better:</b>			
EXSC479 - Internship in Exercise Science	10	_____	_____
EXSC480 - Exercise Science Seminar	2	_____	_____