

NAME: \_\_\_\_\_

ID#: \_\_\_\_\_

DATE: \_\_\_\_\_

**THIS CHECKLIST IS AN UNOFFICIAL TOOL FOR PLANNING.**  
Matriculated students and advisors should consult the Academic Requirements Report in GullNet before and after registering for classes each semester to track academic progress.

**UNIVERSITY POLICIES**

- Refer to the SU catalog for approved prerequisites and General Education courses.
- Requirements may not equal 120 credit hours. Students must register for additional electives to complete 120 credits required for graduation.
- All graduates must have a minimum of 30 credits of 300-/400-level courses with C grade or above; at least 15 of those credits must be taken at SU.
- Students must have a minimum cumulative GPA of 2.0 for graduation.
- Students must complete at least 30 credit hours by direct classroom instruction and/or laboratory experience.
- Students must take 30 of the last 37 credit hours at SU.
- It is the student's responsibility to satisfy graduation requirements. Please refer to the SU catalog for detailed major requirements.
- Students must apply online for graduation by November 15 for May and by May 15 for December.

**GENERAL EDUCATION REQUIREMENTS**

Course No. & Title	#Credits	Grade	Term Completed
<b>Group I: English Composition and Literature (2 courses)</b>			
A. C or better in ENGL 103 or HONR 111	4	_____	_____
B. Literature course (from either ENGL or MDFL Depts.)	4	_____	_____
<b>Group II: History (2 courses)</b>			
A. HIST101, 102, or 103	4	_____	_____
B. HIST101, 102, 103 or a HIST course above 103	4	_____	_____
<b>Group III: Humanities and Social Sciences (3 courses)</b>			
A. Select one course from one of the following seven areas: ART, CMAT, DANC or THEA, MDFL, MUSC, PHIL, HONR 211			
_____	4	_____	_____
B. Select one course from one of the following eight areas: ANTH, CADR, ECON or FINA, ENVR, Human GEOG, POSC, PSYC, SOCI, HONR 112			
_____	4	_____	_____
FULFILLED BY MAJOR			
C. Select one course from either Group IIIA or IIIB (course must be from a different area than previously selected)			
_____	3/4	_____	_____
<b>Group IV: Natural Science, Math and Computer Science (4 courses)</b>			
A. Select courses with laboratories from at least two of the following four areas: BIOL, CHEM, GEOL or Physical GEOG, PHYS			
_____	4	_____	_____
FULFILLED BY MAJOR			
B. Select one additional course (need not be a lab) from Group IVA or ENVH or ENVR or COSC or MATH or HONR 212			
_____	4	_____	_____
FULFILLED BY MAJOR			
C. Select one course from MATH			
_____	4	_____	_____
FULFILLED BY MAJOR			
<b>Group V: Health Fitness (1 course)</b>			
FTWL106 - Lifelong Fitness and Wellness	3	_____	_____

**MAJOR REQUIREMENTS**

- Complete a minimum of 12 credits of major courses and have a 2.0 GPA to enroll in 300-/400-level major courses.
- Complete EXSC333 and 344 and 90 credit hours, or receive department approval, to enroll in EXSC479 and 380.
- Complete a minimum of 30 hours of 300-/400-level courses, each with a grade of C or better.
- Receive a C or better in ALL required EXSC major courses.
- Receive an overall GPA of 3.0 upon graduation.

Course No. & Title	#Credits	Grade	Term Completed
<b>REQUIRED CORE COURSES (48 hours with C or better)</b>			
BIOL215 - Human Anatomy and Physiology I	4	_____	_____
BIOL216 - Human Anatomy and Physiology II	4	_____	_____
EXSC213 - Injury Prevention and Emergency Management	4	_____	_____
EXSC240 - Fitness Testing	4	_____	_____
EXSC250 - Strength Training Techniques and Program Design	4	_____	_____
EXSC295 - Fitness Instruction	4	_____	_____
EXSC300 - Health and Fitness Programs and Professions	4	_____	_____
EXSC317 - Nutrition, Health and Human Performance	4	_____	_____
EXSC333 - Kinesiology	4	_____	_____
EXSC344 - Exercise Physiology	4	_____	_____
EXSC462 - Clinical Exercise Physiology	4	_____	_____
EXSC472 - Stress Testing and Exercise Prescription	4	_____	_____
<b>REQUIRED ALLIED HEALTH COURSES (14 hours with C or better)</b>			
CHEM121 - General Chemistry I	4	_____	_____
or			
PHYS121 - General Physics I	4	_____	_____
MATH155 - Statistics	3	_____	_____
PSYC101 - Introduction to Psychology	4	_____	_____
FTWL106 - Lifelong Fitness and Wellness	3	_____	_____
<b>ALLIED HEALTH ELECTIVE COURSES (Complete 22 hours from the following with C or better)</b>			
ATTR210 - Foundations of Athletic Training	4	_____	_____
ATTR401 - Therapeutic Modalities	4	_____	_____
ATTR402 - Orthopedic Assessment	4	_____	_____
ATTR403 - Foundations of Therapeutic Exercise	4	_____	_____
BIOL101 - Fundamentals of Biology	4	_____	_____
BIOL210 - Biology: Concepts and Methods	4	_____	_____
BIOL211 - Microbiology	4	_____	_____
BIOL213 - Zoology	4	_____	_____
CHEM121 - General Chemistry I	4	_____	_____
or			
PHYS121 - General Physics I	4	_____	_____
CHEM122 - General Chemistry II	4	_____	_____
CHEM221 - Organic Chemistry I	4	_____	_____
CHEM222 - Organic Chemistry II	4	_____	_____
EXSC301 - Research Methods in Exercise Science	3	_____	_____
EXSC308 - Research in Exercise Science	3	_____	_____
MATH160 - Introduction to Applied Calculus	4	_____	_____
PHYS123 - General Physics II	4	_____	_____
PSYC300 - Developmental Psychology	4	_____	_____
PSYC302 - Abnormal Psychology	4	_____	_____
PSYC320 - Psychology of Infancy and Childhood	4	_____	_____
RESP303 - Cardiopulmonary Physiology	3	_____	_____
RESP304 - Cardiopulmonary Disease	3	_____	_____
RESP322 - Pharmacology	3	_____	_____
RESP402 - Pulmonary Diagnostics and Rehab	4	_____	_____
<b>PROFESSIONAL SEMESTER (12 hours)</b>			
<b>Complete the following with a C or better:</b>			
EXSC479 - Internship in Exercise Science	10	_____	_____
EXSC480 - Exercise Science Seminar	2	_____	_____

