

NAME: _____

ID#: _____

DATE: _____

THIS CHECKLIST IS AN UNOFFICIAL TOOL FOR PLANNING.

Matriculated students and advisors should consult the Academic Requirements Report in GullNet before and after registering for classes each semester to track academic progress.

UNIVERSITY POLICIES

- Refer to the SU catalog for approved prerequisites and General Education courses.
- Requirements may not equal 120 credit hours. Students must register for additional electives to complete 120 credits required for graduation.
- All graduates must have a minimum of 30 credits of 300/400-level courses with C grade or above; at least 15 of those credits must be taken at SU.
- Students must have a minimum cumulative GPA of 2.0 for graduation.
- Students must complete at least 30 credit hours by direct classroom instruction and/or laboratory experience.
- Students must take 30 of the last 37 credit hours at SU.
- It is the student's responsibility to satisfy graduation requirements. Please refer to the SU catalog for detailed major requirements.
- Students must apply online for graduation by November 15 for May and by May 15 for December.

GENERAL EDUCATION REQUIREMENTS

Course No. & Title	#Credits	Grade	Term Completed
Group I: English Composition and Literature (2 courses)			
A. C or better in ENGL 103 or HONR 111	4	_____	_____
B. Literature course (from either ENGL or MDFL Depts.)	4	_____	_____
Group II: History (2 courses)			
A. HIST101, 102, or 103	4	_____	_____
B. HIST101, 102, 103 or a HIST course above 103	4	_____	_____
Group III: Humanities and Social Sciences (3 courses)			
A. Select one course from one of the following seven areas: ART, CMAT, DANC or THEA, MDFL, MUSC, PHIL, HONR 211			
	4	_____	_____
B. Select one course from one of the following eight areas: ANTH, CADR, ECON or FINA, ENVR, Human GEOG, POSC, PSYC, SOCI, HONR 112			
		FULFILLED BY MAJOR	
C. Select one course from either Group IIIA or IIIB (course must be from a different area than previously selected)			
	3/4	_____	_____
Group IV: Natural Science, Math and Computer Science (4 courses)			
A. Select courses with laboratories from at least two of the following four areas: BIOL, CHEM, GEOL or Physical GEOG, PHYS			
		FULFILLED BY MAJOR	
		FULFILLED BY MAJOR	
B. Select one additional course (need not be a lab) from Group IVA or ENVR or ENVR or COSC or MATH or HONR 212			
		FULFILLED BY MAJOR	
C. Select one course from MATH			
		FULFILLED BY MAJOR	
Group V: Health Fitness (1 course)			
FTWL106 - Lifelong Fitness and Wellness	3	FULFILLED BY MAJOR	

MAJOR REQUIREMENTS

- Complete a minimum of 12 credits of major courses and have a 2.0 GPA to enroll in 300-/400-level major courses.
- Complete EXSC333 and 344 and 90 credit hours, or receive department approval, to enroll in EXSC479 and 380.
- Complete a minimum of 30 hours of 300-/400-level courses, each with a grade of C or better.
- Receive a C or better in ALL required EXSC major courses.
- Receive an overall GPA of 3.0 upon graduation.

Course No. & Title	#Credits	Grade	Term Completed
REQUIRED CORE COURSES (48 hours with C or better)			
BIOL215 - Human Anatomy and Physiology I	4	_____	_____
BIOL216 - Human Anatomy and Physiology II	4	_____	_____
EXSC213 - Injury Prevention and Emergency Management	4	_____	_____
EXSC240 - Fitness Testing	4	_____	_____
EXSC250 - Strength Training Techniques and Program Design	4	_____	_____
EXSC295 - Fitness Instruction	4	_____	_____
EXSC300 - Health and Fitness Programs and Professions	4	_____	_____
EXSC333 - Kinesiology	4	_____	_____
EXSC344 - Exercise Physiology	4	_____	_____
EXSC462 - Exercise and Special Populations	4	_____	_____
EXSC472 - Stress Testing and Exercise Prescription	4	_____	_____
HLTH317 - Nutrition, Health and Human Performance	4	_____	_____
REQUIRED ALLIED HEALTH COURSES (14 hours with C or better)			
CHEM121 - General Chemistry I	4	}	_____
or			
PHYS121 - General Physics I	4		_____
MATH155 - Statistics	3	_____	_____
PSYC101 - Introduction to Psychology	4	_____	_____
FTWL106 - Lifelong Fitness and Wellness	3	_____	_____
ALLIED HEALTH ELECTIVE COURSES (Complete 22 hours from the following with C or better)			
ATTR210 - Foundations of Athletic Training	4	_____	_____
ATTR280 - Therapeutic Modalities	4	_____	_____
ATTR 381 - Orthopedic Assessment	4	_____	_____
ATTR 382 - Foundations of Therapeutic Exercise	4	_____	_____
BIOL101 - Fundamentals of Biology	4	_____	_____
BIOL210 - Biology: Concepts and Methods	4	_____	_____
BIOL211 - Microbiology	4	_____	_____
BIOL213 - Zoology	4	_____	_____
CHEM121 - General Chemistry I	4	}	_____
or			
PHYS121 - General Physics I	4		_____
CHEM122 - General Chemistry II	4	_____	_____
CHEM221 - Organic Chemistry I	4	_____	_____
CHEM222 - Organic Chemistry II	4	_____	_____
EXSC301 - Research Methods in Exercise Science	3	_____	_____
EXSC308 - Research in Exercise Science	3	_____	_____
MATH160 - Introduction to Applied Calculus	4	_____	_____
PHYS123 - General Physics II	4	_____	_____
PSYC300 - Developmental Psychology	4	_____	_____
PSYC302 - Abnormal Psychology	4	_____	_____
PSYC320 - Psychology of Infancy and Childhood	4	_____	_____
RESP303 - Cardiopulmonary Physiology	3	_____	_____
RESP304 - Cardiopulmonary Disease	3	_____	_____
RESP322 - Pharmacology	3	_____	_____
RESP402 - Pulmonary Diagnostics and Rehab	4	_____	_____
PROFESSIONAL SEMESTER (12 hours)			
Complete the following with a C or better:			
EXSC479 - Internship in Exercise Science	10	_____	_____
EXSC480 - Exercise Science Seminar	2	_____	_____

