

Nursing Notes

SALISBURY UNIVERSITY SPRING 2018

GREETINGS FROM THE CHAIR

Jeffrey Willey, Ph.D., RN, CLS, CLNC, CNE

As we begin a new year, we often question what we have done and what is next to come. This is easily answered for the SU Department of Nursing as this past year has been an exciting time.

- ❑ **SU nursing students have once again earned the top spot for all University System of Maryland institutions on the first-time pass rate for NCLEX.** This consistent and impressive accolade is recognition for the hard work and effort that are put forth by our students, faculty and support staff.
- ❑ **As health care continues to change, the curricula for nursing programs continue to challenge faculty to keep up with best-practice evidence and standards of care that are infused into all nursing courses.** Although SU nursing faculty continue to do this in a seemingly effortless process, I can tell you that this requires major efforts behind the scenes. We also teach students who are increasingly diverse and programs must adjust accordingly.
- ❑ **In April, the department's various programs (B.S., M.S., D.N.P. and post-graduate certificate program) will be reviewed for CCNE accreditation.** Alumni, students and individuals from the community will be invited to provide comments regarding the nursing programs. In addition, individuals will be invited to meet with the accreditors to discuss our nursing programs as well. The visit will occur April 11-13. Maryland Board of Nursing representatives also will be here during the same time to review SU nursing programs.
- ❑ **We are pleased to announce that Robin Hoffman has come on board as the new instructional designer for the department.** Robin is no stranger to SU. He worked as a senior instructional designer in the University's Instructional Design and Delivery Office until he accepted a position at UMES to serve as the assistant vice president for academic innovation. He earned his bachelor's degree in English/communications from UMES, a master's degree in instructional media design from Wilkes

University, and he is currently working on his doctorate in education at Morgan State University. His dissertation is focusing on factors related to online student retention; he is slated to graduate this May. Robin came back to SU in his new role as of July 2017. He lives in Fruitland with his wife, Lillian. We also welcome three new full-time faculty to the department (see separate section).



Robin Hoffman

- ❑ **Important Milestone** coming up ... In May of 2019, the Department of Nursing will mark the 40th anniversary of the first graduation of nursing students from Salisbury State College. An appropriate celebration will be planned. More to come in next issue!
- ❑ **Lastly, BIG changes are coming to the Department of Nursing and SU. As of July 2018, SU is creating a new college – the College of Health and Human Services.** This college will house programs that are currently found in various existing schools within the University structure. Under this new college, there will be a School of Nursing, School of Social Work and School of Health Sciences. We will be known as the Salisbury University School of Nursing. This new structure will provide the nursing program with enhanced visibility as its own "school." Stay tuned ...

In closing, we are very excited about the future of the SU nursing program. As we move through the new year, we certainly are aware that these upcoming changes will provide both opportunities and challenges. We will continue to prepare a nursing workforce that is able to provide safe, competent care at the B.S., M.S. and doctoral level to serve stakeholders throughout the community, region and nation. I thank you for your loyal support – both past and future. Your contributions continue to allow SU nursing to provide a quality education to our students. While grateful for the past, we ask you to join us in looking forward to an exciting future.

Do note that the many second degree and graduate program "happenings" are now addressed in their own section within this newsletter – Check it out!

GLOBAL STUDENT EXPERIENCE UPDATE

In January 2017, a group of 12 nursing students and two faculty traveled to Ecuador for a three-credit nursing course titled Cultural Considerations in Health and Wellness. Highlights of the trip included visits to local health care agencies, a national park (El Cajas), a hike in the Andes in Saraguro, a day trip to the ruins of Ingapirca, and tours of both Cuenca and Guayaquil. This trip is offered every other January and open to those who want to enhance their cultural competence while enjoying the spring-like climate of Ecuador at that time of year. It will be offered again in January 2019, led by Dr. Vonnice Brown. The trip is open to graduates, as well as current students, including a limited number of Honors pre-nursing students. For more information, email Dr. Brown at vsbrown@salisbury.edu.



In January 2018, Dr. Tina Brown Reid, along with Dr. Rebecca Anthony from Social Work Department, travelled with a group of 20 students from various disciplines – nursing, social work, respiratory therapy – to Cape Town, South Africa, from January 5-22. This four-credit interdisciplinary studies (IDIS) course integrates classroom and field instruction to introduce students to key concepts of global health in South Africa, the fundamental principles of South Africa's health care systems and apartheid. Students have the opportunity to engage in discussions with health care professionals, other professionals of various disciplines and patients. This experiential-learning program allows students to reflect on their experiences and observe in the field what they have learned in the classroom. Another trip is planned for January 2020.



GREETINGS FROM THE SECOND DEGREE & GRADUATE NURSING PROGRAM DIRECTOR

Dr. Lisa Seldomridge, Ph.D., RN

I am delighted to share the accomplishments of SU Graduate and Second Degree Nursing Program students in this inaugural column. Here's a snapshot of the events of 2017.

- **Graduate Scholarship Day** featuring two M.S. educator students was held in December 2017. Jenelle Davis-Jackson presented her project "Analysis of the Direct Admission Process at Children's National Health System: An Innovative Approach to Hospitalization." Debra Van Dyke also presented her project, "Creating an Educational Series for Patients Focusing on Discharge Readiness at University of Maryland Shore Behavioral Health."
- **Educational Pathways** – The M.S. Nurse Educator Program curriculum has undergone considerable changes within the last 18 months, which were recently approved by the University System of Maryland and the Maryland Higher Education Commission. Changes include courses in curriculum design, assessment and evaluation, and two practicum experiences totaling 400 hours. Upon graduation, M.S. educator students are eligible to take the National League for Nursing Academic Educator certification exam and are well-positioned to enter doctoral study. This option is designed for those interested in teaching positions in academia, hospitals, and other health care settings. Scholarship support for Maryland residents is available through the Hal and Jo Cohen Graduate Nursing Fellowship (see right). Special thanks to Dr. Debra Webster for her exceptional work on this major redesign project.
- **The M.S. Healthcare Leadership Program** is back and ready for students! This 36-credit option prepares students for positions from traditional management/administrative careers to emerging leadership roles in quality, safety, Magnet coordination and provider practice management in a wide range of organizations, including inpatient, ambulatory, integrated systems and community-based. Graduates are well-prepared to enter Salisbury's post-M.S. to D.N.P. Leadership-focused Program.

- The **Doctor of Nursing Practice** program, begun in 2012, offers two entry-options to the D.N.P. – an 80 credit option for those with a B.S. in nursing who wish to become family nurse practitioners and a post-master's entry option for those with an M.S. in nursing. Post-M.S. to D.N.P. applicants may select a leadership concentration (38 credits) or family nurse practitioner concentration (68 credits). Applications are due March 1 for the fall 2018 start. Consider advancing your education at your alma mater! All graduate program options are offered in a distance-accessible format with limited campus-based experiences.
- **Awards and Funding Opportunities** – Eight Salisbury University D.N.P. students have received the Hal and Jo Cohen Graduate Nursing Faculty Scholarship (GNF) funded by the Maryland Higher Education Commission. Breanna Sloan, Kristen Loetz Farrell, Terrijean Rhoderick, Molly Dale, Amy Rothstein, Carrie Kellams, Lori Harvin and Margaret Persaud were awarded funding for the 2017-2018 academic year. Sloan, Farrell, Dale, Rothstein and Kellams are graduates of Salisbury's B.S. Nursing Program. Maryland residents who are current full-time or part-time graduate students enrolled at an eligible accredited Maryland postsecondary institution in a Master's of Science in Nursing (M.S.N., M.S.) Program, post-graduate certificate program in nursing education or doctoral (Ph.D., D.N.P., Ed.D.) program are eligible to apply. The GNF covers all tuition and mandatory fees for courses in the approved nursing plan of study at Maryland public or independent colleges and universities. All recipients must agree to a service obligation as a nurse faculty at a Maryland institution with nursing degree programs or within a hospital education department as a nursing professional development coordinator or hospital educator or in an approved educational role serving Maryland schools or hospitals. More information can be found at: http://mhec.maryland.gov/preparing/Pages/FinancialAid/ProgramDescriptions/prog_NSPII.aspx
- Two current second degree B.S. students, **Katelyn Wilkins** and **Vashty Christopher**, were honored at the Maryland Nurses Association 117th Annual Convention in October 2017. Wilkins received the Mercy Hospital Nursing Alumnae Scholarship and Christopher was awarded the 2017 Travis Nursing Scholarship. Both will graduate in December 2018.

CLASS NOTES

Kirsten Hawkins '16 received the Daisy Award for Extraordinary Nurses from Peninsula Regional Medical Center where she works on 5 Layfield.

Gabrielle Karolenko '15 was presented with the Citizen Lifesaving Award for successfully performing CPR while at Virginia Beach in May 2016. She was honored, along with two cousins and another sister, for saving her own sister's life that day. She is currently living and working in Baltimore at the neuro critical care unit at the University of Maryland Medical Center.

Nick Malone '13 has worked at Peninsula Regional Medical Center since graduation, and for the past year, he is working as a clinical supervisor on 3 West. He was married September 9, 2016, to Alicia and they live in Maryland Springs, MD.

Melissa Eberhard '13, presented on "The Implementation of Code Blue Debriefing in the Critical Care Unit" at Mercy Medical Center, which focused on the importance of honoring the patient through taking a moment of silence and working through staff emotions after resuscitations.

Alix (Royston) Tew '12 is now working as an immunology nurse ambassador/educator for AbbVie Pharmaceutical, where her division focuses on treatment of Crohn's disease, ulcerative colitis, rheumatoid arthritis and related conditions. She lives in Fayetteville, NC, and is married with two children, Jacob, 4, and Ashlynn, 1.

Caitlin Averill '11 recently graduated with from University of Maryland's adult-gero NP program and is working at Stella Maris nursing home and an internal medicine practice in Baltimore, MD.

Katie McGrath-Studniarz '07 earned her certification in Nursing Professional Development in June of 2017. She and her husband, Steven, also welcomed a son, Caleb Alexander, on November 3, 2017.

Megan (Dukes) Jacko '06 has been an ER nurse since 2007 and works at Nanticoke Memorial Hospital. She taught in NURS 311 Adult I clinical this past fall semester at SU and is currently enrolled in the ESFAMI clinical nurse faculty training program. She is married to fellow SU alum, James, and they live in Delmar, DE, with their sons, Austin, 4, and Miles, 19 months.

Yvonne Liswell '05 (B.S.), '09 (M.S.-FNP) is employed at the Samuel & Alexia Bratton Neurocognitive Clinic at Integrate Bayleigh Chase in Easton, MD, where she works as a nursing practitioner.

Heather Russell '98 is vice president of the Heart and Vascular Institute and administrator at the Heart and Vascular Hospital at Inova Fairfax Medical Campus located in northern Virginia. The Inova Heart Vascular Institute is made up of five hospitals, with over 50 physician providers located at over 50 sites in Maryland and Northern Virginia. She lives in Alexandria, VA.

Nancy Norman-Marzella '83 earned her M.S.N./PNP-ONC at Widener University in 1988 and recently completed her D.N.P. at Walden University last August – her focus area being preventive health screening in obesity epigenetics. In 2016, she authored two publications – one addressing EHR technology in a small rural hospital and the other on social determinants of quality health care for a diverse society. She accepted an appointment to Cecil College as dean of nursing and health professions in September 2017. Nancy is married to Paul and lives in Fair Hill, MD, with a daughter.

DEPARTMENT OF NURSING WINS TWO MHEC-NURSE SUPPORT II PROGRAM GRANTS

Drs. Debra Webster and Lisa Seldomridge were awarded \$1.978M to create a series of web-based toolkits with integrated Standardized Patient Experiences (SPEs) to enhance collaboration, conflict management and advocacy skills in nursing. In addition to being used with undergraduate nursing students, these toolkits will be available to partner hospitals for use in new graduate orientation/residency programs and ongoing staff development.

Toolkits include learner objectives, facilitation materials for educators, video vignettes enacted by standardized patients (SPs) demonstrating effective and ineffective communication techniques, as well as activities to encourage critique, practice and refinement of new skills. Scenarios enacted by SPs will feature several types of interactions, including nurse-patient/ family, nurse-

nurse or nurse-other health professional, and superior-subordinate. Drs. Katie Hinderer, Thea Winter, Judy Jarosinski, Robert Joyner and Professors Amanda Willey and Lorraine Henry are collaborators on this four-year project.

Drs. Lisa Seldomridge and Judy Jarosinski also received \$1.8 M to create the Maryland Nurse Educator Career Portal (E-CaP) a "one stop shop" website for nurses interested in educator positions. The website will provide: 1) an information section describing educational paths for a career as an educator in academic and practice settings and funding sources; 2) an image-building section with videos and narrated photo montages featuring current faculty who describe their career trajectories; and 3) a portal to connect nurses interested in part-time or full-time teaching jobs with schools and health care organizations having open positions. Dr. Kayna Freda and Dr. Jeffrey Willey are collaborators on this five-year project, in addition to Erin Silva and Brett Dobelstein from the Eastern Shore Regional GIS Cooperative and Drs. Louise Jenkins and Matt Rietschel from the University of Maryland School of Nursing.

FACULTY NEWS

PUBLICATIONS

- Bell, X.*, **Hinderer, K. A., Winter, D. M., & Alessandrini, E. A.** (2017). Reducing sternal wound infections after open-heart surgery. *Nursing* 2017, 47(4) 61-64. (*SU graduate student)
- **DiBartolo, M. C.** (2017). Enhancing care for the hospitalized patient with Parkinson's disease: Development of a formal educational program for nursing staff. *Journal of Gerontological Nursing*, 43(5), 18-22.
- **DiBartolo, M. C. & Jarosinski, J.** (2017). Alcohol use disorder in older adults: Challenges in assessment and treatment. *Issues in Mental Health Nursing*, 38, 25-32.
- Lee, M.C., Auth, R., & **Hinderer, K. A.**, & Alexander, C. S. (2017). Challenges to advance care planning among multidisciplinary health professionals in China. *International Journal of Palliative Nursing*, 23(11), 552-557.
- Lee, M.C., Byon, H.D., **Hinderer, K.A.**, & Alexander, C.A. (2017). Beliefs in advance care planning among Chinese Americans: Similarities and differences between the younger and older generations. *Asian/Pacific Island Nursing Journal*, 3(2), 83-90.
- Truong, H. A., Gorman, M., East, M., Klima, D. W., **Hinderer, K. A.**, Hogue, G. L., **Brown, V.**, & Joyner, R. L. (2017). The Eastern Shore Collaborative for Interprofessional Education (ESCIPE): Implementation, impact, and lessons learned over five years. *American Journal of Pharmaceutical Education (e-view)*.
- **Webster, D., & Jarosinski, J. M.** (2017). A walk in my shoes: Using art to explore the lived experience of psychiatric-mental health standardized patients. *Journal of Psychosocial Nursing*, 55(8), 39-47.

PODIUM PRESENTATIONS

- **Michele Bracken** and SU D.N.P. student Christine Durham-Pressley presented at the Oxford Women's Leadership Symposium held December 4-6, 2017, at Somerville College, Oxford England. The title was "Intimate Partner Violence Simulations."
- **William Campbell** presented at the National Museum of Civil War Medicine's 25th Annual Conference on Civil War Medicine on the topic of "The Pavilion-Style Hospital and the Influence of Florence Nightingale." It was held September 14-17, 2017, in Shepherdstown, WV. He also presented on the same topic at the 34th Annual American Association for the History of Nursing's (AAHN) Nursing and Healthcare History Conference held in Fairport, NY, September 7-9, 2017.
- **Mary DiBartolo & Judy Jarosinski** presented at the 28th Annual Sigma Theta Tau International Research Congress on the topic, *Assessment & Management of Alcohol Use Disorder in Older Adults: A Review of the Evidence*. The conference was held in Dublin, Ireland from July 27-31. At the same conference, **Lisa Seldomridge** also paired up with **Judy Jarosinski** for a presentation titled "A Structured Mentorship Program to Support Expert Clinicians in New Roles as Clinical Faculty," and second presentation,

"A Comprehensive Needs Assessment to Gauge the Impact and Extent of the Nursing Faculty Shortage" (the latter also included **Tina Brown Reid** as third author).

- **Rita Nutt** gave a podium presentation on the topic "Standardized Patients Enhance Undergraduate Nursing Students' Intimate Partner Violence Screening Skills" at the Nurse Tim Nuts and Bolts Educator Conference held August 3-6, 2017, in Minneapolis, MN
 - **Rita Nutt** presented at the Association of Women's Health, Obstetric and Neonatal Nursing (AWHONN) Annual Convention held June 24-28, 2017 in New Orleans, LA, on the topic of "LARCs Across the Lifespan – Not Your Mother's IUD."
- ## POSTER PRESENTATIONS
- **William Campbell** presented two posters at the Sigma Theta Tau International Honor Society's 44th Biennial Convention October 28-November 1, 2017, in Indianapolis, IN. They were titled "Early Evidence-based Practice (EBP): Florence Nightingale and the Pavilion-style Hospital" and "Nursing History: An Honors Elective Nursing Course."
 - At the same conference, **Jeffrey Willey** participated in two panel presentations, Educator Leader Development and Nursing Academic Leaders: A Tale of Two Journeys.
 - **Nicole Hall** (with co-author Cheryl Graf) presented a poster titled "Supporting Nurses to Speak Up for Patient Safety Using an Employee Engagement Survey" at the 28th Annual Sigma Theta Tau International Research Congress held July 27-31 in Dublin, Ireland.
 - **Rita Nutt** presented a poster on the topic "Standardized Patients Enhance Undergraduate Nursing Students' Intimate Partner Violence Screening Skills" at the Nurse Tim Nuts and Bolts Educator Conference, August 3-6, 2017, in Minneapolis, MN. The entry won second place in the poster competition.

OTHER FACULTY NEWS

- **Kayna Freda** recently welcomed her second child. Valentina Freda Trader was born December 23, 2017, weighing in at 7 lbs, 1 oz. She joins Kayna, her husband Matthew and big brother Reverdy, who is five years old.
- **Beth Rettew**, a former SU nursing faculty member (1981-1991), passed away on November 9, 2016, after a long illness. She resided in Canton, OH, and was teaching at Malone College at the time of her death. While at SU, she was known for her NICU and pediatrics expertise. She was a truly bright and gifted teacher who enjoyed explaining pathologies in exquisite detail. She also was remembered for her exceptionally high standards for students in the clinical area, as well as her dedication to improving the care of infants and children in Guatemala as she traveled there each summer to work at a mission-related medical clinic.



SU NURSING PARTNERS WITH LA MERCED FOR OR/MISSION TRIP EXPERIENCE IN NICARAGUA

While attending a fundraiser in summer 2016 for La Merced Medical Mission, Dr. Mary DiBartolo of SU's Nursing Department and founding physician, Dr. Vincent Perrotta of Peninsula Plastic Surgery had a few moments to connect. Perrotta mentioned that although they have been doing these trips to Managua, Nicaragua, since 2007 and have taken a variety of healthcare providers, he asked about possibility of including SU nursing students interested in operating room on the upcoming January trip.

Three months later, DiBartolo presented this opportunity to junior/senior nursing students, and two were selected to participate in the January 2017 immersive OR experience. Juniors Alison Farmer and Kristen Murphy spent four full days assisting Perrotta and Florian Huber of Peninsula Orthopaedic Associates, gaining valuable clinical experience as the doctors treated patients with severe health conditions or injuries.

"The students got a front-row seat in the operating room," said DiBartolo, who accompanied them, "and we were in two public hospitals, where the poorest of the poor are treated." The health problems there are those not usually seen in the U.S., such very advanced breast cancer requiring significant reconstruction and untreated fractures and malunions that required extensive procedures. Students were able to scrub in and assist where appropriate; they also worked in the community-based medical clinic.

The trip was such a success, two students were invited to join the La Merced team for the January 2018 medical mission trip. Current junior Natalie Riden and senior Melissa Rolfes recently returned and reported another action-packed and life-changing experience, again assisting with plastics and

orthopedic procedures.

The La Merced Medical Mission was founded 10 years ago by St. Francis de Sales Catholic Church in Salisbury, in conjunction with a sister parish in Nicaragua as an independent nonprofit. "The presence of students and the opportunity to teach them invigorates the physicians," said Perrotta, board president. "It is a win-win. They provide critical support," including handling medical supplies and equipment while learning the nurse's role in the OR setting."

DiBartolo noted that the SU students were exposed to methods of care in "an environment lacking state-of-the-art technology and adequate funding. They saw first-hand the healthcare problems in a third-world nation." Students also enroll in a one-credit independent study where they not only summarize their experiences and observations, but reflect upon the socio-cultural experience overall. Both Perrotta and DiBartolo hope that they can continue this valuable partnership for years to come.



WELCOME NEW FACULTY

In January 2017, SU welcomed **Nicole Hall** to the Department of Nursing faculty. Nicole earned her B.S. at Salisbury University in 2003, earned her master's in education at Wilmington University and completed her Ed.D. at Drexel University in May 2017. Her dissertation was titled "Predicting Nurse Willingness to Speak Up in the Hospital Setting Using Variables from an Employee." Nicole began her career on a maternity unit and then taught full-time in a diploma-based nursing program for four years. This past fall, she was promoted to assistant professor at SU and teaches primarily in the pediatric courses, her clinical practice specialty. Nicole lives in Milford, DE, with her husband, Jason and children, Hailey, 12, and Caleb, 10.



Sedonna Brown and Jennifer Hart both started in full-time tenure track positions this past fall of 2016.

Sedonna Brown earned her B.S.N. from Johns Hopkins University and her M.S.N. (nurse educator track) from Bowie State University. She is originally from Annapolis, but she relocated to Easton where she has worked as a medical-surgical nurse at Anne Arundel Medical Center and has taught at Chesapeake Community College before coming to SU. Sedonna is currently working on her Ed.D. in organizational leadership at UMES. She lives in Easton with her two sons, Mike, 23, and Carrington, 18.



Jennifer Hart earned her B.S. in nursing from Plattsburgh State University of New York in 1998 and her master's degree in clinical nursing education from Salisbury University in 2013. She is currently enrolled in SU's D.N.P. program (family nurse practitioner track) with anticipated graduation in May 2018. Her project is focused on improving the process for inpatient education and post-discharge follow-up in patients with heart failure. She has worked in the cardiology/electrophysiology setting for the past 17 years. Before starting her position at SU, she taught nursing in Wor-Wic Community College's Associate Degree Program for three years. She lives in Salisbury with her husband of 15 years, Jim (an SU alum), and their two sons, Liam, 13, and Dylan, 10.



Both Brown and Hart are working in the Adult Health I and II clinical courses.

LUCY TULL DISTINGUISHED FACULTY

Drs. Katherine Hinderer and Erica Alessandrini were selected as the Lucy Tull Distinguished Faculty for 2016. This award recognizes nursing faculty for their commitment to excellence in nursing education in the health care of the region. Both are long-time faculty members of the Department of Nursing and were recognized at the Nursing Convocation ceremony in May 2017.



SEND US YOUR NEWS!

Email any updates to: Mary DiBartolo at mcdibartolo@salisbury.edu
Visit our website: www.salisbury.edu/nursing