



Welcome to Fridays with the Flock!

Join us for Human Resources information and insights to help you thrive at work and beyond. If you would like to print our newsletter, you can access it [here](#). Happy Friday!



Caring for the Caregiver Webinar Series

Join SU's Employee Assistance Program (EAP) provider ComPsych for a two-part series on caregiving. These webinars are free and open to all SU employees and their household members to attend. As a reminder, **Part 1: Caring for Adult Loved Ones**, takes place **Tuesday, July 16 at 1 p.m. ET**. [Register here](#) to attend.

Parents make up 40% of the workforce in which burnout, stress, and anxiety are prevalent. All of those mental health concerns are exacerbated when raising children and running a household are factored in. How can working parents find a healthy balance between the demands of work and life? In **Part 2: Caring for Working Parents**, ComPsych will share common work-life challenges for this group, identify and discuss organizational benefits of supporting parents in the workplace, and highlight well-being services that can support working parents. This session takes place on **Wednesday, August 21 at 1 p.m. ET**. [Register here](#) to attend.

Maryland State Employee Pre-Retirement Seminars

The Maryland State Retirement and Pension System (MSRPS) is offering Pre-Retirement Planning seminars for MD State Pension members at locations throughout the state. A representative will be at Salisbury University on **October 11** to hold a full-day seminar from 9:00 a.m. - 4:00 p.m. Pre-Retirement Planning seminars are offered both in-person and as virtual webinars (held monthly online). The same topics will be covered in both formats: Maryland State Pension, legal issues, Social Security benefits, and Supplemental Retirement Plans. Once registered, participants will receive additional details and instructions. [Register here](#) to reserve your seat! To change an existing registration, call 443.840.5059. If you require any special accommodations while attending a seminar, please contact Sarah Moore at scullip@cbbcemd.edu.

Please note that only MD State Pension members **within eight years of retirement** and their spouses are eligible to attend the full-day seminars. If you are not eligible for a full-day seminar, you may be interested in registering for a **Pre-Retirement Webinar** (1 hour). *To attend a seminar or webinar during scheduled work hours, please contact your supervisor for prior approval.*

MSRPS has also provided access to **mySRPS**, the member portal. Members can access account-specific information including their annual Personal Statement of Benefits by creating a **mySRPS account**. Frequently Asked Questions about mySRPS can be [found here](#). For additional benefits-related information, please visit [HR's Benefits and Total Rewards](#) webpage.

HR News & Notes

- **Workday Time Entry Reminder:** As part of our transition to Workday, it is important to understand how to enter time and request time off in Workday. This change applies to all staff, full-year faculty and student employees. **All regular employees** should have begun entering time in Workday starting **June 26**, and **contractual employees** should have begun entering time in Workday starting **July 3**. Please view the [Enter, View and Submit Time CBT](#) and the [Absence & Time Off Management CBT](#) for additional training if needed.
- **Fidelity One-on-One Appointments in July:** Fidelity representative Paul Vutiprichar will be on campus on **July 19** to hold one-on-one retirement planning appointments. [Review details here](#) to make an appointment.

Current Job Postings

Human Resources is committed to assisting and promoting recruitment efforts for campus vacancies. We recognize our faculty and staff are valuable recruitment tools and encourage you to forward and share these job postings with potential applicants.

Recent Postings:

[Event Banquet Server \(part time\)](#)

[Housekeeper Lead](#)

[Housekeeper](#)

[Food Service Assistant \(part time\)](#)

[Housekeeper Assistant \(part time\)](#)

Applications will be accepted via Salisbury University's Online Employment Application System. Please visit our [website](#) to view position details and apply online.

LinkedIn Learning This Week

Human Resources suggests the following free LinkedIn Learning courses that you can view at your own pace. Take advantage of these timely and informative webinars for professional and personal growth:

[Nano Tips to Thrive in Uncertainty & Embrace Change](#)

[Interpersonal Communication](#)

Access your free SU [LinkedIn Learning account](#) to browse additional courses.