

SU COUNSELING CENTER PRESENTS

TAKE



Destress Event



Explore mindfulness through the five senses, with activities including essential oils and a Zen garden

Monday, October 7, 2024

11:30 a.m.-2:30 p.m. ■ DEVILBISS LAWN

Enjoy giveaways, music, food and Pets on Wheels.

Make Tomorrow Yours >

Salisbury
UNIVERSITY

salisbury.edu/counseling

PARKING: PLEASE NOTE: Visitor parking permits are required to park at SU; please request a permit at salisbury.edu/visitor-parking

SU is an Equal Opportunity/AA/Title IX university and provides reasonable accommodation given sufficient notice to the University office or staff sponsoring the event or program. For more information regarding SU's policies and procedures, please visit salisbury.edu/equity.